

The Citizen

Free PLEASE TAKE ONE

VOLUME 8 - ISSUE 4

APRIL 2022

www.nivervillecitizen.com

DISTRIBUTED FREE TO NIVERVILLE, ÎLE-DES-CHÊNES, STE. AGATHE, ST. ADOLPHE, TOUROND, OTTERBURN, NEW BOTHWELL, AND GLENLEA

Niverville CREDIT UNION

Come on over

We Reward You For Referrals



Refer a friend to be entered to win a \$250 GIC as well as a chance to win a grand prize at our AGM

D&M GROUND SERVICES

- PARKING LOT LINE PAINTING •
- PARKING LOT SWEEPING •
- SNOW REMOVAL •

- PARKING LOT SANDING •
- YARD CARE •

204-388-6577

www.dandmgroundservices.com

LOCAL NEWS

What Is Causing the Price of Food to Rise?

■ Groceries are getting more and more expensive, putting pressure on many people's already tenuous budgets.

Details on Pages 3-4



LOCAL NEWS

New Family Doctor to Meet Urgent Need

■ The Open Health medical clinic in Niverville is getting ready to introduce a new family doctor, with Dr. Lila Boroditsky beginning her practice in June. In the meantime, the clinic has opened a rare window of opportunity for new patients in Niverville to sign up. The need for family physicians in southeast Manitoba is great.

Details on Pages 10-11

SPORTS & REC

Niverville Park to Get Major Restoration

■ Opa's Park has long been neglected, but now a team of locals is determined to breathe new life into the property.

Details on Page 19

SPORTS & REC

The Billeting Life

■ Local families will be needed to take in hockey players signed by the Niverville Nighthawks. The Citizen breaks down what's involved in billeting.

Details on Page 22

Niverville Nighthawks Reveal New Logo

» READ MORE ON PAGE 17

JUSTIN BRAUN

A smarter way to save

SCU

SCU.MB.CA/MYSAVINGS



summer CAMPs

N I V E R V I L L E
Recreation & Wellness

2022 SUMMER CAMPS

Kinder Camp – Animal Adventures	July 4-8, Ages 3-6
Imaginarium Camp	July 4-8, Ages 6-12
Kinder Camp – Around the World	July 11-15, Ages 3-6
Science & Space Camp	July 11-15, Ages 6-12
Sports Camp	July 11-15, Ages 6-12
Kinder Camp – Princesses & Heroes	July 18-22, Ages 3-6
Nature Explorers Camp	July 18-22, Ages 6-12
Culinary Camp	July 18-22, Ages 6-12
Kinder Camp – Wild Water	July 25-29, Ages 3-6
Volleyball Camp	July 25-29, Ages 6-12
Imaginarium Camp	July 25-29, Ages 6-12
Kinder Camp – Sports Week	August 2-5, Ages 3-6
Basketball Camp	August 2-5, Ages 6-13
Kinder Camp – Creative Crafts	August 8-12, Ages 3-6
Sports Camp	August 8-12, Ages 6-12
Girls Adventure Camp	August 8-12, Ages 6-12
Boys Adventure Camp	August 8-12, Ages 6-12
Kinder Camp – Dance & Music	August 15-19, Ages 3-6
Culinary Camp	August 15-19, Ages 6-12
Science & Space Camp	August 15-19, Ages 6-12
Kinder Camp – Camping & Nature	August 22-26, Ages 3-6
Amazing Race Camp	August 22-26, Ages 8-13
Drop In Day Camps	August 29 – September 1, Ages 6-12

For more information visit:
www.wheretheyoubelong.ca

Registration is open March 25
Early Bird Registration closes May 15, 2022

Christ is Risen!

Happy Easter

Ted Falk MP
Provencher

9A-90 Brandt St
Steinbach, MB R5G 0T3
ted.falk@parl.gc.ca • 204-326-9889



CENTENNIAL GRAVEL & EXCAVATING Ltd.
ESTABLISHED SINCE 1974

**CLASS 1
TRUCK
DRIVERS
WANTED**

We Offer Both Pick Up & Delivery

The People that care.

204-878-2796

23021 - PR210 EAST

www.centennialgravel.ca

• **Sand • Gravel • Top Soil •**
• **Limestone • Fill • Riverstone •**
• **Black Granite • Landscape Cloth •**

• **Basement Excavations • Building Demolition • Culvert & Driveway Installations •**
• **Land Development • Skid Steer Services • Leveling • Septic Field Installation • Sewer & Water Hook Up •**

WHAT'S INSIDE

What Is Driving Up the Price of Groceries?	3
Citizen Poll	5
Online Resource Aims to Improve Student Mental Health	6
Celebrating Niverville's Oldest Resident	7
Skin Treatment Studio Opens in Niverville	9
Easier Living through Organization	9
New Family Doctor to Meet Urgent Need	10
Makers Market Heads to Heritage Centre	12
A Tale of Two Winter Vacations	14
Good Grief: Dealing with Loss	15
Niverville Nighthawks Reveal New Logo	17
Niverville Park to Begin Major Restoration	19
Local Talent Helps Propel Selects to AA Crown	20
Two More Players Commit to Joining Nighthawks	20
St. Adolphe Receives Community Hockey Award	21
The Billeting Life	22
Clippers Reflect on Another Successful Minor Hockey Season	23

The

Citizen

Box 266, Niverville, MB R0A 1E0
www.nivervillecitizen.com

Managing Editor:

Evan Braun

Sales Manager:

Ray Dowse

Operations Manager:

Cara Dowse

Design/Production Manager:

Dustin Krahn

Contributors:

Evan Braun, Jennifer Lavin,
Sara Beth Dacombe, Daniel Dacombe,
Ty Dillelo, Scott Stroh

CONTACT US

Letters to the Editor:

editor@nivervillecitizen.com

Advertising Sales:

sales@nivervillecitizen.com

Classifieds/General Information:

info@nivervillecitizen.com

Artwork/Ad Proofs/Graphics:

ads@nivervillecitizen.com

The Niverville Citizen is published monthly and distributed through Canada Post to all those with a postal box in Niverville, Il-des-Chênes, St. Adolphe, Ste. Agathe, New Bothwell, Otterburne, and Tourond. Additional copies are manually distributed to businesses in the aforementioned communities, as well as the town of Landmark. The paper is printed in Canada by Derksen Printers Ltd. Republishing of this paper in whole or in part without prior approval is strictly prohibited.

Funded by the Government of Canada
Financé par le gouvernement du Canada

Canada

The advertising deadline is 5:00 p.m. on the 15th of each month. The paper will be distributed the last week of every month.

Our commitment to the reader is to provide a professional and reliable means of communication that both residents and businesses will value. This newspaper is 100 percent supported by those who choose to advertise within it. Readers who support the businesses who advertise in this publication are also supporting the development and circulation of future issues of this newspaper. Together, we can help build stronger communities.

FREE TO SHARE. PLEASE RECYCLE.

What Is Driving Up the Price of Groceries?

Sara Beth Dacombe
LOCAL JOURNALISM INITIATIVE REPORTER
sdacombe@nivervillecitizen.com

The cost of groceries is going up and there is a complex network of reasons why. Whether you see it as inflation, supply shortages, or gas prices, dinner table discussion has recently turned toward the topic of what's on the dinner table and how much it cost to get it there.

Food prices are always on the move. Oftentimes these prices are regulated by the government, and we may hear about these changes on the news as regulatory boards make changes that affect the entire population in one stroke.

Other price changes seem to happen without notice and are accepted as the natural consequences of seasonal factors on organics, supply and demand, and climate change.

Invariably, prices are expected to go up. And sometimes they head back down.

When prices go up, and only up, and sometimes by large margins, that causes people to sit up and take note.

"Over the past two years we have experienced an overall increase in phone calls from people desperate for food," says Yoni Coodin, social innovation coordinator for Food Matters Manitoba (FMM), a not-for-profit organization that addresses food security and provides resources and support in Manitoba. "We don't really have a way to monitor the factors that contribute to this month-to-month, but we have noticed anecdotally that calls dropped off significantly when federal COVID-19 relief programs—CERB, CEWS, CERS, Emergency Food Fund, etc.—were introduced and have resurged since the end of those programs."

According to FMM's website, more than 14 percent of Manitobans, 60 percent of northern residents living on-reserve, and more than one in five children across the province

experience household food insecurity (HFI), meaning they don't have enough money to buy food.

Because of the pandemic, sustaining the same food purchasing habits has become challenging for many households, perhaps for the first time ever.

"COVID-19 has intensified the financial precariousness that drives poverty along with household food insecurity," the FMM says on their website. "It is experienced disproportionately by Indigenous and Black households. COVID-19 has brought food security and household food insecurity to the forefront of a necessary, and long overdue, national conversation. In truth, the pandemic has simply drawn attention to concerns regarding food

"Over the past two years we have experienced an increase in calls from people desperate for food."

Yoni Coodin | Food Matters Manitoba

security and equity that have been around much longer."

FOOD ASSISTANCE
Niverville Helping Hands (NHH) is a not-for-profit that provides food assistance to those in need in Niverville, New Bothwell, Otterburne, and Ste. Agathe. In 2021, the organization reported that they were serving more than three times the number of requests for food assistance than they had been before the pandemic.

At Christmas time, the need for food increased again and has not decreased.

"Since Christmas, the level of need has remained the same," says Larissa Sandulak, board chair for Niverville Helping Hands. "If fuel and grocery prices continue on this track, the need might increase again. However, I'd guess it's still too early to be seeing the effects on our end."

Sandulak says she has noticed

grocery prices increase, making it even harder for those living on lower or fixed incomes.

"The primary demographic that we serve were already living on budgets spread very thin," says Sandulak. "The rising grocery and fuel costs will only increase the strain on their budget."

She says that Helping Hands will continue to be in communication with clients and will strive for new ways to provide grocery support.

"As needs change, we are open to increasing our support, as well as creative and out-of-the-box ways for us to serve them," says Sandulak.

MANAGING EXPENSES
For the average household, the pandemic produced in people a

wide variety of new concerns surrounding their role in public health, at-home education, and socialization for family members of all ages.

On top of these concerns, some households experienced the loss of income due to the downturn in the economy.

Danae Doerksen says that she's thankful COVID did not affect her family's income streams negatively, but the price of gas and groceries remains a concern.

"I do not feel like our gas spending increased that much. With the combo of working remote and in-office, it did not seem like more was spent," says Doerksen. "Groceries are going up, but some of that I just equated to kids growing up and eating more and prices increasing during the winter season. But I have realized that the prices of meat and vegetables [have gone up]."

She says that she and her family try to cut back on grocery spending in a number of ways—such as buying generic brands, using points, buying in bulk, and comparing costs in flyers—in order to make every dollar go a little further.

(continued on page 4)



Celebrating
our
1st
Anniversary

JOIN THE
HOTTEST
CLUB
IN TOWN
FOR ONLY **\$1**

VALID APRIL 11 - MAY 2



204-961-1919

40 Drovers Run, Niverville

facebook.com/anytimefitnessniverville
FOR DETAILS VISIT **ANYTIMEFITNESS.COM**



RED RIVER GROUP
REAL PROPERTY SOLUTIONS

Real Estate Appraisals | Property Management | Reserve Fund Studies | Real Property Consulting

1-855-371-5833 | www.redrivergroup.ca

(continued from page 3)

To save money on gas, Doerksen says she tries to pay attention to when items go on sale at the local grocery store, Niverville Bigway.

"I try to reduce the number of times I go into the city to buy groceries and instead shop sales in town when it comes to meat, veggies, and other things that I need to tide me over until the next shop," says Doerksen.

Although she used to feel enough freedom to buy out-of-season produce, she now realizes that upwardly mobile prices have influenced her to avoid buying higher-priced items at certain times of the year.

"Lots of my buying groceries is subconscious," she says. "For example, I realize I haven't bought strawberries as a 'treat' for a while because there was never a good enough sale to warrant the impulse buy. Or the avocados. They just haven't been worth it."

Meal planning and gardening are other tactics she uses to stay ahead of the curve. She also makes some of her own bread products.

"I plan my meals according to the sales I encounter that week," she says. "I am planning what I am planning in my garden to help with meals and have already frozen some handmade burgers for summer when I saw a sale on meat. I try to make handmade items as much as possible and have started to make buns again during the pandemic."

THE COST OF FREIGHT

While the nature of grocery pricing is complex, record-high gas prices have certainly added fuel to the discussion.

But Tim Plett, owner of Plett Trucking in Landmark, says that it would be a mistake to think prices at the grocery store are going up because of gas.

"To me, that is perpetuated by sensation. To me, everything is logic and it's simple math," says Plett. "If you go pick a supply lane from any point, for example, from Toronto to Winnipeg, right now the cost of moving is extremely high. From everywhere, it's extremely high. And those costs will come down."

Plett says it is more exciting to talk about gas prices as an obvious reason for pricing to go up—and people like to get angry.

"Talking about fuel is sexy; talking about supply and demand is not," says Plett. "Demand drives freight up

and then it's a bidding war. People are bidding for your services and that drives prices up because guys are bidding for your truck."

Plett admits that freight costs have gone up, but he points to supply and demand as the dominant factor.

He explains that protests and other COVID-related delays impacted goods trying to come in from all directions, as well as the catastrophic flooding that happened in British Columbia.

Weather-related highway closures in Manitoba this winter also put intense pressure on moving food and other goods within the province.

"It started in the fall, on the west coast and the atmospheric rivers that destroyed highways," says Plett. "There were 400 loads of freight waiting in Vancouver waiting to come west. Now it's at 17. So that's more normal. In Manitoba, we've had an extremely difficult winter because of snowstorms and truck availability.

The snowstorms are the biggest thing. In the last 30 years, we get maybe one blizzard a year. This year, we've had 10. Every week, we've had one or two or three days of road closures. If you take two days worth of production out of the mix... The freight still needs to go, but we're two days behind."

According to Plett, the issue of truck availability is a more important factor than the cost of fuel.

He also suggests that grocery retailers are raising prices by too great a margin.

"If we double our freight rate, then the store sees the cost go up and they raise the price," he says. "It's the store that is price-gouging and they are lining their pockets. We were accused of this, going back six or seven years ago when we had something like this happen and the cost of oranges almost doubled. Safeway and Loblaw's doubled their profit margin on that. If someone sees they are paying \$1 per pound more, the fuel cost went up about ten cents per pound for us. So that's the grocery store raising their price unnecessarily. The transportation industry is absolutely not responsible for the price hike at the store. We get a small, small percentage of that."

Plett says that the trucking industry's responsibility in the supply chain from farm to grocery store is

to survive on incremental increases and keep costs low.

"I know how much it costs to get it from point A to point B," says Plett. "From the farmer's field to the grocery shelf, I know the total transportation cost. Is the grower doubling their income? No. So where is it coming from? It's the store. It's the bigger chain stores, and then the smaller stores follow suit because they can."

From a capitalistic perspective, Plett says that this is simple supply and demand. Retailers will charge what consumers are willing to pay.

A HYPERCOMPETITIVE INDUSTRY

John Schmidtke, owner of Niverville Bigway, agrees that we are all seeing the result of supply and demand.

But he most certainly does not agree that the grocery stores are raising prices unnecessarily.

Schmidtke says that he sets his prices based on the hypercompeti-

"Groceries are a competitive industry, so competition affects the pricing to draw customers in and keep the business afloat."

John Schmidtke | Owner, Niverville Bigway

tive nature of the industry. Grocery stores must make money in order to continue to meet the growing needs of a growing community. Without the ability to make a profit, there would not be a grocery store in town to serve its residents.

"In the grocery industry, pricing is more or less set at a profit percentage that is standard across the country," Schmidtke says. "It's different at different times, yes, and at any store, if you're looking at the flyer, grocery stores aren't making money on the flyer items. Those are the things that are on sale. Those are the best prices for consumers, and they make money on the other regularly priced items based on a percentage throughout the year."

Schmidtke says that his prices are based on a percentage that is required to cover overhead costs, the basic cost of the food itself, the cost of theft or damaged items, and a contingency to ensure that the store's planned expansion projects will allow them to continue serving Niverville in the coming years.

"It should be noted that groceries

are a competitive industry, so competition affects the pricing to draw customers in and keep the business afloat," says Schmidtke.

And how does the cost of gas affect him as a small-town grocer?

"Freight affects any industry that is in the goods sector, because goods have to be shipped," he says. "Every good has to get on boats and trains and trucks. There's not a lot of examples in the goods sector where things don't have to be transported, and so everything is affected by the price of fuel. Groceries are in particular affected by fuel because a lot of equipment is required to get it off of fields to process it. That all gets passed on to the consumer."

Schmidtke says that it's unfortunate that everyone is pointing the finger at everyone else. The food supply chain is seeing increased cost at every level and no one in particular is to blame.

For example, Schmidtke says that if a product goes up in price by 70 cents, there's a good reason for it.

If a product goes up by 70 cents, he explains, it's because 10 cents goes to the farmer who is producing the eggs. He asks for more money because he has taken a hit on the cost required to produce those eggs, like fuel to haul feed using his feedtruck or run the equipment necessary to produce his own crops for feed. Then another 10 cents goes to paying a truck driver and covering the fuel bill to take his eggs to the processing plant. Then there's the cost to transport the eggs to the central warehouse, and yet more cost to get it to the grocery store.

"At every level the cost is seen incrementally, and that's business," Schmidtke says. "There are no truckers or farmers who are doing business today who aren't still trying to make money. In hypercompetitive industries, and if you look at a long-haul truck driver, the net profit at the end of the year as a percent of revenue is almost always less than five percent and usually less than two percent. If the price of fuel goes up 15 to 20 percent and they don't change their pricing, they'll be losing money. Everyone has to change their pricing. It has to get passed to the consumer because everyone along the line has to raise their price."

As far as the large grocery

companies go, Schmidtke does not believe the profits for these companies have increased to a large extent.

"The profit percentage for the industry giants has stayed the same, like Superstore, Walmart, Sobeys," says Schmidtke. "Loblaw's is a publically traded company and their grocery retail financials is separated out from some of their other industry. Their financials are public. You can see what their profit is. I guarantee you their profit is not up 70 percent. If a person wanted to do the research to look into it, look into the publically traded companies and see. It's all there. No one in the industry is going from two to three percent net profit to a seven to eight percent net profit. No consumer goods company, no highly competitive industry, is doing that."

There are products with set prices that are regulated by external governing bodies outside the grocery stores.

Schmidtke says that liquor and milk are two products where he does not have any control over the prices, but he still provides the shelf space, staff support, and other overhead costs to act as retailer for those items.

"Milk is regulated by the dairy board and I think it is a four-percent markup for grocers that is approved," says Schmidtke. "But I have to pay for an upgrade to coolers, electricity to run the coolers, staff to cart it in. Jugs leak or break or the date goes by. And I have to sell other product to make up the difference in that loss. We buy the milk at the cost of \$6.13 for a four-litre jug and \$6.15 is the consumer cost. We make two cents per gallon of milk."

Schmidtke says that keeping his business running with a profit is crucial, but he also understands that the price of groceries going up creates stress for many.

For his part, he tries to maintain an active presence in the community and give back when he can.

"I'm aware of the perception that small-town grocery stores are too expensive," he acknowledges. "This is what we are all facing, and this is often the reality of hypercompetitive consumer industry when prices go up. And gas is actually the same thing. There's no gas station out there where the gas station owner is making a lot of money. That percentage is dictated by the market of what your profit percentage can be as a business owner to attract customers and keep your doors open."



NICK BERGMANN

RE/MAX
ONE GROUP
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED

Let's connect about your property needs

**Award-winning service built
around client satisfaction**

204-230-6762

CITIZEN POLL

Have recent increases in food and gas prices put your budget under high pressure? (Vote online and tell us your story.)

- ☐ Yes. With inflation at a 30-year high, I am struggling to keep up.
- ☐ No. Fortunately, my budget is able to absorb the burden of higher prices.
- ☐ Have a more nuanced opinion? Leave us a comment online.

Enter to Win

Take part in our monthly poll for your chance to win a \$10 gift card for CRU Barber & Co.



BARBER & CO.

Congratulations to last month's winner:
CHRIS BRASHER

VOTENOW AT www.nivervillecitizen.com

LAST MONTH'S RESULTS:

Should school divisions flip to remote learning on snow days in order to prevent the loss of learning days?

Yes. This winter (and pandemic) highlights the need to adapt our education systems.

38%

No. Asking students to work on snow days creates an unnecessary burden.

62%

YOUR COMMENTS:

It was a bad winter... let's not overreact and overhaul the entire system because there was one winter with an abnormal amount of snow days.

I think they should stop cancelling school because of a little bit of snow.

Most days that schools have been closed due to weather conditions they should have not been closed. Conditions have changed and have gotten better before school would have started.

Way too much to organize on the fly. 4 kids with one computer? teacher leaving their school work at work? this was an unusual year.

While the school divisions may think this is a novel idea, they need to remember that parents work and we do not have the luxury of taking "snow days" from work to stay home every time the snow flies or the temperature drops. I am sure the kids missed more school in the last two months because of "snow days" than my entire 12 years of school! Perhaps the school division should consider less PD days to make up for all the lost learning.

I don't feel students should have to do remote learning on snow days. We grew up with snow days and it was always such a fun day. I feel that a snow day is just a nice privilege to being a Canadian child. We had lots of snow days as children and our son had snow days growing up. The memories from those days are priceless.

Don't penalize children for bad weather.

The weather this winter has been very bad this year. Let's not penalize children or add more pressure on parents. Parents that aren't engaged in their children's education will ignore the changes anyway.

Flipping between the two will cause more problems than it solves. Not all students have access to an adequate device, meaning they will need to be taught everything when they return, saving no time. Teachers may not have, nor should they be expected to have, all the teaching materials with them at home, making their online lessons ineffectual.

I am totally in agreement to find options to pivot to online learning on snow days! The current system needs an overhaul.

Assuming every family has the resources, time, and ability to take work off themselves is a faulty way of thinking. Does every family of 3 have enough computers, ipads, etc. to even make this feasible?

I think the powers that be have too much time to sit around and think up new silly rules and regulations. The education system is not perfect, however, snow days is not where I would place our first efforts in trying to improve education.

Service Your Trailer with Just One Company




www.metrocentreltd.com

- * Bearing Inspection & Repacking
- * Brake & Drum Inspection
- * Frame Integrity Inspection
- * Suspension Rebuild
- * Axle Replacement
- * Hitch Installation
- * Brake Control Installation
- * Trailer Tire Replacements
- * Quality Trailer Parts
- * Tonneau Covers
- * Running Boards
- * Lift Kits
- * Winches







204-237-4300

Niverville MB 41131 6th Ave. N.
Business Park

metrocentreltd@gmail.com

Online Resource Aims to Improve Student Mental Health

By Sara Beth Dacombe

✉ sdacombe@nivervillecitizen.com

The shift to online learning and socialization has taken a toll on students, families, and educators alike. While remote life has been beneficial for some, the social strain of the pandemic has placed many young people, especially postsecondary students, at risk for a mental health challenge they may never have faced before.

In response, one postsecondary institution in Winnipeg has implemented a free mental health literacy program for students, with Niverville resident Kayla Hoskins at its helm.

On February 25, Manitoba Institute of Trades and Technology (MITT) announced that it was running a program called More Feet on the Ground, offering online workshops that increase awareness of mental health risk factors and how to identify them in yourself and others.

As an accessibility student advisor at MITT, Hoskins runs the workshops and helps connect students to the resources they need to succeed.

"This workshop brings together a diverse set of students who have varying ideas and experiences around mental health and how they share their feelings with others," says Hoskins. "Some of these students have never spoken openly with others about mental health."

Developed by the Centre for Innovation in Campus Mental Health, MITT is the first Manitoba school to offer the More Feet on the Ground program to its students and staff, and they want the public to know that it's also open to anyone,



Kayla Hoskins of Niverville is at the helm of a program to help students address mental health needs.

✉ KAYLA HOSKINS

even if they don't attend MITT.

"It's a free resource and anyone can sign up to take the two-day version," says Hoskins. "The information is very applicable to other places, for anyone who volunteers or even in their workplace. We were just able to adopt the program and convert it into something that works well with students, but you don't have to be a teacher or even in a student leadership position. Everyone can learn the skills to help be more aware of their mental health or if someone they know is struggling with their mental health."

It is important to get more mental health tools into the awareness of the

public, and postsecondary life can be an especially challenging time. According to 2019's National College Health Assessment report, 31.1 percent of students felt overwhelming anxiety in the preceding two weeks and 20.1 percent felt so depressed that it was difficult to function.

"The reason it's so important is because it teaches us a common language around mental health, but it also helps us to have conversations around it and reduce that stigma," says Hoskins, who has seen firsthand the program's real, tangible impact. "It makes it easier to talk about mental health—and if we talk about it comfortably, it makes

it easier for others to share with us. It's something that's come up for me personally and for my family. So I know it's hard for people to share, when you don't feel like you're in good hands with someone. It's hard when you're wanting to talk to someone but you feel you can't share with those people because they wouldn't understand or judge you."

Hoskins adds that the program teaches students to become more comfortable with mental health language and to normalize talking about it.

"We also take the approach that mental health is not all or nothing," she says. "It's not a label, like you're

either healthy or you're not. Instead we show them it's a continuum. Our mental health goes up and down, not just for people who have a mental illness. It applies to everybody. Sometimes our mental health is not good. Sometimes it is good. And that helps to put everyone on the same level."

THE BASICS

More Feet on the Ground comes with the benefit of being offered entirely online, so anyone can access it from wherever they happen to be.

"It's brief," says Hoskins. "It's not a six-month course; you can do it in two days. It is self-paced, and it's very reader-friendly. You start with the basics and you don't need an advanced education in mental health in order to start. You start at the beginning and it breaks down the harder topics to bite-sized pieces."

It's also highly interactive and includes breakout and discussion groups to keep the topics engaging and high-energy. Students who complete the content and live workshop receive a certificate.

"We teach that there are the four-R components to improving mental health. The first is recognize. We teach students to recognize the potential signs and how they may be different for different people. Then respond, which is the one that students or people in general sort of struggle really with. As in, if you do see someone and you recognize they are having difficulties with their mental health, they ask, 'Well, what can I even do?' The two-day workshop gives the confidence and ability to listen to someone who may be struggling with their mental health."

The last two are refer and reflect.



SMITH • NEUFELD • JODOIN ^{LLP}
LAW OFFICES

Unit B - 62 Main Street, Niverville
Tel. 204-388-9300 | Fax: 204-388-9350

www.snj.ca

- Real Estate Transactions
- Corporate Law
- Agriculture Law
- Wills
- Estates
- Succession Planning
- Civil Litigation

ROYAL LEPAGE
Dynamic Real Estate
INDEPENDENTLY OWNED AND OPERATED

Thinking of Buying or Selling?
Call me for all your Real Estate needs!

STACEY HEIDE | 204-914-2522
staceyheide@shaw.ca

www.staceyheide.com

Local
Niverville
Realtor



Hoskins says that the program is useful in terms of referring people to access mental health resources in their area, wherever they are in the province. Learning about what types of resources exists goes a long way toward knowing where to get help should they need it or need to tell others where to get help.

Reflection, too, is an important part of self-care, Hoskins says. Simply listening and responding to someone else's struggle can take a toll on a mentally healthy person and it's normal to have to take some time to process one's own reaction to another person's challenges.

BENEFITS OF AN ONLINE FORMAT

Hoskins, who has a Bachelor of Social Work, says that it's been interesting to see how operating the program online has created a safe space for participants to engage with challenging material.

"I was happy to see that offering this in an online format didn't even take away from the impact," she says. "Students appreciate the opportunity to not only get together, but over a topic they all have some personal experiences with and discuss it in a safe space."

While the online format may be new to some, Hoskins says the transition may actually make help more available to people who would never take advantage of it in person.

"Because of the pandemic, lots more resources are available online than ever before. And we are talking more about mental health challenges because we can see more and more of us are being affected by it," says Hoskins. "The increase in online resources is becoming more prevalent because of the need."

Hoskins also looks forward to being back in-person and offering the program at MITT in the future. But whether in-person or online, she's just happy people are benefiting from it.

"In mental health, a lot of it is about connection and feeling you are understood. You can certainly do that online, but it is also a

meaningful experience when you can do it in-person," says Hoskins. "The buzzword of today is blended. I think if we can somehow combine the two, and people can choose what they prefer, that might work well. Whatever meets their need."

HELPING STUDENTS FROM ALL BACKGROUNDS

Accessibility is a big part of Hoskins's job, so decreasing barriers to mental health support is very important. She notes that the signs of mental health struggles may vary depending on diverse cultural factors.

"Increasing an understanding of mental health isn't just one-way in our program," she says. "We're happy to learn from all of our participants, too. Sharing our stories decreases stigma and gives us all a common language to share as we discuss and understand these difficult topics."

The material for More Feet on the Ground was originally designed

for a diverse range of participants, but Hoskins says that hasn't stopped facilitators from continuing to make improvements.

"Students often contribute ideas and help us learn new things, and we make notes about what they're saying about their needs," she explains. "There's been a few times now where we learn we need to change up our examples to apply to varying experiences and backgrounds to look at that topic and be able to speak intelligently about that topic in ways that apply to many cultures."

Students like Harwinder Kaur, a student in the Post Graduate Diploma program in Human Resources Learning and Development, credits the course with making a positive impact on her life.

"I dealt with homesickness and mental stress when I moved from India to Canada as an international student," says Kaur. "This training has been very helpful. It's helped

me to understand positive mental health, how to recognize the signs if any of my friends are facing mental stress and has given me the tools to respond appropriately to someone who needs support."

COMMUNITY CREATES SUPPORT

Before moving to Niverville in 2017, Hoskins and her husband came from small towns in northwest Ontario. They lived in Winnipeg for a while before realizing they wanted to return to a community with a small-town feel.

"It was an adjustment for us, living in the city, and we had to do it because we were both going to school at the time," Hoskins says. "Housing in Niverville was attractive to us and there are so many transplants here. We felt welcome right away."

As an accessibility student advisor, Hoskins finds her job really rewarding. She says coming from a

small town has made her appreciate the benefits that a small community has in its ability to include others.

"MITT is a small campus and it's a small college," she says. "You really get to know the students in a different way, compared to at the bigger colleges and universities. This is one of the benefits of being a facilitator for More Feet on the Ground, which is that I get to know some of the students really well. Some of them decide to stay in touch and it creates a community of support. Sometimes that community of support is one of the biggest deterrents to mental health deterioration. We just need to remember to cultivate it and learn to talk about our mental health as part of that community feeling—and that's what the More Feet on the Ground program teaches really well."

FOR MORE INFORMATION

www.morefeetontheground.ca

Celebrating Niverville's Oldest Resident



Jacob Falk celebrates St. Patrick's Day in March 2022. MARILYN COTE

By Jennifer Lavin

jlavin@nivervillecitizen.com

At 101, Jacob Falk has been told he is the oldest resident of Niverville.

Despite his advanced age, Mr. Falk's daughter-in-law Anne says that he is still remarkably hale and hearty.

Jacob was born in Russia in 1920. He lost his father at a young age and at nine years old he, his siblings, and his mother emigrated to Canada.

The Mennonite Central Committee sponsored the Falk family, which allowed them to settle on a farm near Niverville.

Jacob remained in the Niverville area after getting married and having five children. The family attended the Niverville Mennonite Brethren Church.

One of the achievements that

makes him feel most proud was collecting donations for the Canadian National Institute for the Blind in the Niverville and surrounding area for several years.

Jacob now resides at the Heritage Life Personal Care Home, and he feels loved and cared for by the staff there.

"He is very alert, and at his age he still recognizes all his children and beams when we come to visit him," says Anne.

Jacob's hearing is somewhat decreased, but Anne says that when he can't hear what someone is saying they just write it down for him.

He also enjoys playing games. Checkers and Yahtzee are his favourites and he especially loves rolling sixes.

Another favourite use of time is reminiscing and looking at old

pictures so he can share his memories with others.

"He is quite a jokester at his age and loves to laugh," Anne says. "He has become more fun with age."

Current affairs remain important to Jacob and he keeps on top of them. He has been particularly saddened by news of the war in Ukraine.

Jacob has kept up with politics over the years, and he was thrilled to once have his picture taken with Vic Toews, who was the MP for Provencher at the time.

"We were blessed to have Ted Falk and Ron Schuler attend a dinner for [Jacob's] one hundredth birthday party, along with John Funk, deputy mayor of Niverville," says Anne. "So we had federal, provincial, and local governments represented."

On June 26, Jacob Falk will turn 102 years old.

\$123,900

4-28 First Street, Niverville

Building Your Trust with Integrity & Enthusiastic Service

KATIE KNEBEL
Sales Representative

Cell: 204.392.3030
katieknebel@royallepage.ca
www.KatieKnebel.ca

ROYAL LEPAGE RIVERBEND REALTY
Independently Owned & Operated

MARY KAY

TimeWise® Miracle Set 3D™
It's your skin against the world!

Everyday life is stressing your skin out. Fight back against premature skin aging with a *three-dimensional* skin care approach.

Contact me to experience the powerful results for yourself!

Joyce Harnett
Independent Sales Director
www.marykay.ca/jharnett
204.228.3620

HEAVY TRUCK, TRAILER & EQUIPMENT SALES

TRUCKING & LEASING LTD.

**Box 458
Niverville, MB.
ROA 1E0**

**PHONE: 1-204-388-4509
FAX: 1-204-388-6283
EMAIL: nandatrucking@hotmail.com**

REPAIRS & PARTS ON ALL MAKES & MODELS

Swift Fibre in Kleefeld & Grunthal!

Swift High Speed is now a division of Xplornet Communications Inc. and together we have built a pure fibre network in Kleefeld & Grunthal to bring you faster, **BETTER** Internet!

- ✓ 100% pure fibre directly to your home in Kleefeld & Grunthal.
- ✓ Symmetrical gigabit speeds – 1 Gbps download AND upload speeds.
- ✓ The fastest, most reliable speed that won't slow down – even during peak hours.
- ✓ Truly unlimited data. No hidden or soft cap.

The worlds best Internet technology installed at your home in Kleefeld & Grunthal!

**Get Fibre 100 for only \$69.99/month*
with truly unlimited data.**

Wifi 6 Router included. \$99 installation fee applies. 1-year term required.



Sign up at SwiftHighSpeed.com



*With download and upload speeds up to 100 Mbps. Other plans with speeds up to 1 Gbps also available.

A division of Xplornet Communications Inc.



DEPOSITPHOTOS

Easier Living through Organization

By Jennifer Lavin

✉ jlavin@nivervillecitizen.com

Sandra Ingenmey lives life organized. In fact, that's the name of her company. Life Organized started in 2015 when Ingenmey conducted market research, spoke to real estate professionals, consulted with friends, and found a gap in the area of organization, moving, and downsizing.

"I started working for free, as I wanted to prove to myself that this was something that I would love to do," Ingenmey says.

Life Organized began in Minnedosa where the Ingenmey family lived for 18 years. Afterward, the family moved to Winnipeg for a while, but a year

and a half ago they transitioned to Niverville because they missed living in a small town.

Ingenmey has continued running her business throughout these moves and has gained more experience with each one.

Because of COVID-19, Ingenmey, like many others, had to take a break from her business. Now she's back at it and ready to help others wrangle their belongings.

For the most part, Life Organized is just Ingenmey. She finds that her greatest successes come when she can help clients hands-on.

"The process of downsizing is very personal, and each client processes decisions differently," she says. "It requires patience and

compassion to be able to coordinate hundreds of decisions."

Ingenmey is prepared to step into a variety of situations to assist her clients. Her organization skills can help if you've lived in your home for a long time or if you're in the process of moving.

"Preparing for a move with children, for example, looks very different than moving from a home to assisted living," she says. "One of my favorite situations is moving in and organizing spaces, finding pantry solutions, dealing with laundry rooms and garages."

In fact, Ingenmey says she spends a lot of time in garages.

"These spaces become catchalls and often are used for a variety of hobbies and storage

spaces. So they require a floor plan, just like your home."

With a proper system, Ingenmey believes that each area of the home and everything in the home, including paperwork and memorabilia, can be managed.

"Imagine finding that something that never quite got back to the spot where it belongs," she says. "It's important to remember that by organizing, we can live easier."

FOR MORE INFORMATION

If you're interested in trying out Life Organized, Sandra Ingenmey can be reached at lucyingenmey@gmail.com.

IN BRIEF

Makers Market Heads to Heritage Centre

By Jennifer Lavin

✉ jlavin@nivervillecitizen.com

The Manitoba Makers Market will take place in the Atrium of the Niverville Heritage Centre on Saturday, May 7 from 10:00 a.m. to 3:00 p.m.

The Manitoba Makers Market is a craft market exclusive to handmade vendors. Chelsea Gauthier, the events manager at the Heritage Centre, says that she expects approximately 80 vendors to participate in this year's event.

"Shoppers can expect all handmade items with this year's latest trends and traditional items," says Gauthier. "Visit our Facebook event page closer to the show for a sneak peek of some of the products you can shop for."

Shoppers can use the entrance at 100C Heritage Trail. Admission to the market is by monetary donation.

FOR MORE INFORMATION

Interested vendors and shoppers can contact Chelsea Gauthier at 204-388-5000 ext. 202, or email chelsea@heritagecentre.ca.

\$345,000



285 3rd Street N, Niverville

Building Your Trust with Integrity & Enthusiastic Service

KATIE KNEBEL

Sales Representative



ROYAL LEPAGE RIVERBEND REALTY

Independently Owned & Operated

Cell: 204.392.3030
katieknebel@royallepage.ca
www.KatieKnebel.ca

LOOKING FOR BILLET FAMILIES

The Niverville Nighthawks are looking for billet families for our inaugural season. Billeting a young hockey player not only supports the team, it creates powerful relationships that last a lifetime.

To apply or seek further information, send an email to billeting@nivervillenighthawks.com

SEE ARTICLE ON PAGE 22





NEW HOURS!
MONDAY - FRIDAY
8 AM - 8 PM
SATURDAY
9 AM - 8 PM
SUNDAY
11 AM - 6 PM

259 MAIN STREET, NIVERVILLE

AREAS OF PRACTICE

- > CIVIL LITIGATION
- > REAL ESTATE LAW
- > FAMILY LAW
- > IMMIGRATION LAW
- > DISPUTE RESOLUTION
- > WILLS AND ESTATE

CAM'S
LAW OFFICE

1-431-588-2702

2 - 18 3rd Ave S, P.O. Box 165
Niverville, Manitoba R0A 1E0

info@camslawoffice.com
www.camslawoffice.com

prairie soul
DANCE COMPANY

**Spring Sessions
Begin in April!**

EMAIL US FOR MORE INFORMATION!

Directors:
Melanie Ducharme
Danielle Auld

info@prairiesouldancecompany.ca
204-392-5624
10 Cedar Drive, Niverville

Follow us on
f

NOW HIRING

The Ste. Agathe Arena and Ste. Agathe CDI are seeking a full time Arena and Park Caretaker who will be responsible for all ice making, additional staffing, arena maintenance and caretaking at the Ste. Agathe Arena from September-April and all park maintenance and caretaking at Cheyenne Park from April- August. For full position description and details on how to apply please visit:

www.ritshot.com/p/employment-opportunities

Deadline to apply: 04/19/2022



New Family Doctor to Meet Urgent Need

Sara Beth Dacombe

LOCAL JOURNALISM INITIATIVE REPORTER
 sdacombe@nivervillecitizen.com

A new doctor will begin practicing at Open Health Niverville on June 1, 2022.

Dr. Lila Boroditsky is joining the clinic team as a full-time general family doctor starting in the late spring.

Specializing in full-scope medicine, Dr. Boroditsky will fill a long-standing vacancy at Open Health, which is owned and operated by the town.

She is also an answer to the growing need for more family practitioners in southeast Manitoba.

Rural doctors continue to be in short supply and thousands of Manitobans remain without a family doctor. This is a trend put in sharp relief by the COVID-19 pandemic.

In August 2021, Family Doctor Finder, an online registration service connecting individuals with doctors or nurse practitioners taking new patients, reported that almost 5,000 Manitobans were registered as still waiting.

The online service receives approximately 2,000 new requests per month and many of them go unfulfilled.

"The clinic is always looking at ways to expand services in the community," says Kristen Fyfe, business manager for Open Health. "Dr. Boroditsky's hiring will help fulfill a need for a large number of patients in our area who are without a family practitioner. The goal is to continue to expand these services so that care stays closer to home. As we learned recently with Niverville being the fastest growing community in the province, we are planning ahead for continued growth and therefore we strive to make provider recruitment and retention a focal point."

Dr. Boroditsky is currently accepting new patients. Priority is being extended to Niverville residents who live within postal codes R0A 1E0, R0A 0A1, and R0A 0A2.

At a future date, patients from surrounding areas may also be considered as the



Dr. Lila Boroditsky.

criteria is expanded.

To handle the influx of requests, Open Health has created an intake email address for anyone meeting the criteria: register@open-healthniv.com. This email will be open until April 7.

To register, please include a full legal name, phone number, and civic and mailing address (do not send medical information).

Patients will be accepted on a first-come first-served basis.

This is the first time Open Health has created a registration email to facilitate intake upon the hiring of a new physician.

"There is a high need for family doctors in our region, so we anticipated a large influx of calls coming into the clinic upon the release of our announcement," says Fyfe. "In order to manage these requests for registration, we felt the email would help streamline this process and allow our phone lines to remain open for the regular calls for appointments and for our patients' daily needs."

Following the registration period, qualifying patients will be contacted to attend a

meet-and-greet appointment with Dr. Boroditsky.

"At this time, the meet-and-greet appointments will be in-person," Fyfe explains. "These appointments are an opportunity for the provider to learn the medical history of the patient and determine whether this fits into their scope of practice. It also provides the opportunity for the provider to explain a treatment plan and determine whether the patient requires more immediate follow-ups or educate on appropriate timelines for check-ups, etc. The meet-and-greet is also of benefit to the patient, who will have an opportunity to ask questions of the provider and determine if they are a good fit for themselves."

Open Health reports that they are seeing registration mails coming in every day. However, at the time of this writing the list was not yet full.

"We are still accepting registration requests," says Fyfe. "If we are able to open up to further geographical areas after the one-month Niverville priority period, we would likely continue to use the same email procedure going forward. We are asking

patients to check our website and Facebook pages around April 8 for more information about that. Once the patient list is full, we will release another announcement and likely close the email at that time."

Open Health continues to work diligently to fill doctor vacancies to meet the needs of residents in both Niverville and the surrounding communities.

Recently the clinic welcomed Dr. Henry Wood, who joined the clinic in a temporary capacity.

Dr. Wood will be extending his term to cover the maternity leave of Dr. Coutts.

"We are aiming for him to stay until January 2023, but we will know more closer to the end of the year," says Fyfe.

To facilitate care during the COVID-19 pandemic, Open Health has also adapted to shift as many appointments as possible to virtual or phone consultations.

The clinic says virtual appointments are effective and will continue to be an integral piece of their health-care services.

However, they are also seeing more in-person appointments in recent months.

"Virtual care has been very helpful when reaching patients who are unable to travel due to inclement weather, or those with mobility issues," says Fyfe. "Other times an in-person visit is not required, such as with regular prescription renewals, or recent follow-up visits. At peak times of the pandemic, we certainly increased our virtual care. However, in-person appointments always remained when needed. At this time, we still offer both options for patients."

GETTING TO KNOW DR. BORODITSKY

Dr. Lila Boroditsky grew up in Winnipeg, but a recent move to the country means she has shortened her commute.

So far she says that she is greatly enjoying country life along with her husband, three kids, and Tina, the family

Bernadoodle.

"I don't live in Niverville, but I'm just 20 minutes away," says Boroditsky. "I just purchased a five-acre lot so I'm nice and close, about midway between the city and Niverville."

After completing high school in Winnipeg, Boroditsky attended university in Cape Breton. She then returned to Manitoba to complete medical school and a masters in pharmacology at the University of Manitoba.

Although she's had the opportunity to live in a fair number of different cities, Winnipeg has always been home.

Throughout the interview process with Open Health, Dr. Boroditsky was able to get to know Niverville and she is excited to serve the community.

"I have had a fair amount of time I've been able to spend out in Niverville over the last year, and I've really grown to love the community, the spirit, and I've made some good friends out there," says Boroditsky. "I'm just excited for this new opportunity and the growth I see around town

and my work in the clinic. There's a real energy here and I'm glad to be a part of it."

Boroditsky is also excited to bring her experience in family medicine to the region, a specialization she sees as being able to meet the needs of a wide variety of people.

The variety of different medical needs represented in family practice keeps her intrigued and passionate about her job.

"You never quite know what you'll be walking into and every day is different," says Boroditsky. "There are so many opportunities to learn and grow. I practice full-scope medicine, so this means I have knowledge applicable to newborns all the way to geriatrics. I had previously done all my own obstetrics, including deliveries, so I'm fully comfortable with the full scope of family medicine."

Boroditsky may be comfortable with a wide variety of healthcare needs, but she fully admits that she struggled with a lot of the same things others struggled with during the pandemic.

For example, learning to care for a sourdough starter

gave her quite a challenge.

"I will truthfully admit, my sourdough starter didn't make it. I named it even, but it was a no," says Boroditsky. "I'm fairly diversified with regards to my hobbies, though. I love learning new things and I honestly believe that you don't have to be good at a hobby to enjoy it. I do a lot of gardening. I love indoor houseplants. We are looking forward to getting some chickens this year. I've never had chickens before, so it'll be a bit of a gamble. If anyone has some pointers or tips, that would be appreciated."

Now that they live on an acreage, her family looks forward to learning about animal care. Her kids—ages six, 10, and 13—keep Boroditsky busy outdoors.

As for indoors, their home required some renovations. She says she and her husband have by necessity gotten fairly comfortable with do-it-yourself projects.

"Anything home renovation and DIY has been on my radar lately," she adds. "And I really enjoy it, making my space feel like home."

Let's Make Home Happen



Niverville 
CREDIT UNION

Come on over

Niverville: 204-388-4747
Landmark: 204-355-4035
Steinbach: 204-326-3925



"Like" Us on Facebook

NivervilleCU.mb.ca

© HANDS & GLOBE Design is a registered certification mark of the World Council of Credit Unions, used under license.

HERITAGE LIFE PERSONAL CARE HOME

Heritage Life Personal Care Home located in Niverville, Manitoba
Is looking for a person to join our team as our

DIRECTOR OF CARE

We are a long term care facility located in the fastest growing community in Manitoba. We have 80 residents and a large dedicated staff.

We are a community not-for-profit facility with ongoing desires to impact the Niverville community positively.

This is a fulltime position. Requires the successful applicant to have a vehicle and have experience in long term care management.

For a position profile and expectations please email
Wes Hildebrand CEO at wes@heritagecentre.ca

Only applicants selected for an Interview will be contacted.



NIVERVILLE ANIMAL HOSPITAL

204-326-9840
301 Main Street



www.nivervillevet.ca

Advertise With Us!

sales@nivervillecitizen.com

The **Citizen**

Skin Treatment Studio Opens in Niverville

By Jennifer Lavin

✉ jlavin@nivervillecitizen.com

After finding success with their shop Luminous Skin & Laser in Winnipeg, co-owners Rafia Aziz and Mohammad Chaudhry are now ready to open a second location, this time in Niverville.

The new Luminous Skin Studio will open its doors on April 1 at 226 Main Street, right above Anya's Hair Studio.

Aziz says the business will start by offering a wide selection of facials and microneedling. Over time she hopes to expand their offerings to include even more of the services she offers at the Winnipeg location.

Luminous Skin Studio will also offer what they call "essential touch vitamin facials." Their options will include a youth reset treatment for aging skin, a moisture boost treatment for dehydrated skin, and a clarify facial for blemish-prone skin.

Aziz explains that their "instant revival facial" is similar, although it adds a masque treatment. She and Chaudhry say that this is sometimes called a "facelift in a jar."

Another service is the cool peel, a type of facial peel that is less aggressive and gentler on the skin. Cool peels improve the skin's texture and help minimize pores. They can also reduce the appearance of fine lines and sun damage.



Microneedling will also be available. Sometimes known as collagen induction therapy, microneedling is a cosmetic procedure that involves the use of very thin needles to poke the skin. These pokes create tiny wounds that then prompt the body to produce more elastin and collagen, which can smooth the skin and make it appear more youthful.

Microneedling can also help with scarring, uneven skin tone, stretch marks, fine lines, and wrinkles. It's significantly less expensive than traditional laser treatments.

Aziz has two years of experience providing facials and received a certificate from the Canadian Laser and Medical Aesthetics Training Centre last year.

The staff of Luminous Skin Studio are mindful of continuing precautions regarding COVID-19. They will be wearing masks and will require their customers do so as well unless the mask needs to be removed for treatment. The business will offer sanitizing stations, and they emphasize that all equipment and surfaces will be sanitized before and after each patient.



LUMINOUS SKIN STUDIO

226 MAIN STREET, NIVERVILLE

- MICRONEEDLING •
- FACIALS •
- COOL PEELS •

RAFIA AZIZ
MEDICAL AESTHETICIAN

431-541-4475

MaxxPro BUILDERS

NOW HIRING

Experienced framers, labourers and telehandler operators. Full time employment with benefits and pension after 1 year. We offer direct deposit pay as well. If you're looking for a positive change come give us a try. All work is in Winnipeg

We will provide a work clothing allowance and Employee performance incentives.

CONTACT:
jobs@maxxprogroup.com



MaxxPro

WALL PANEL SYSTEMS

NOW HIRING

Our Wood Panel Framing plant in Grande Pointe is now hiring. Inside work year round. Great people and steady employment. Experience is an asset however we will train if required.

We will provide a work clothing allowance and Employee performance incentives.

CONTACT:
jobs@maxxprogroup.com



trotco
ELECTRICAL INC.

24seven
A VENTURA Development

BRYAN TROTTIER
204.371.3842 trotco@mts.net

Building **stronger leaders** and
healthier teams

SCOPE
LEADERSHIP DEVELOPMENT

DARRELL KEHLER
Leadership Coach & Consultant
www.scopeleadership.com



ColorProof
COLOR CARE AUTHORITY

ÉMINENCE
ORGANIC SKIN CARE
HUNGARY SINCE 1989

GOLDWELL
amika:

done.
hair, skin & nails
donehairskinandnails.com

Delaquis Antiques FURNITURE

- SALES •
- REFINISHING •
- REPAIRS •

204-388-4850
pgdelaquis@gmail.com



NICK BERGMANN
REAL ESTATE SERVICES

204-230-6762
nkbergmann@gmail.com

RE/MAX
ONE GROUP

NOW HIRING!

FULL TIME AND PART TIME
POSITIONS AVAILABLE

Join our winning team!

Contact Kari at
karwils@gmail.com

Tim Hortons



chamber of
NIVERVILLE
commerce

CHAMBER
news

EMAIL: chamber@niverville.com PHONE: 204-388-6140

President: Amanda Wiens | Vice-President: Elvin Krahn | Executive Director: Shereen Rashwan
Treasurer: Nicholas Bergmann | Executive Member: Karen Albaugh
Directors: Bryan Trottier, Ben Dueck, Scott Wallace, Noella Andres

www.niverville.com



Grow your
business here

nbp Niverville
BUSINESS PARK

Welcome to our new Executive Director

We are pleased to welcome Kylie Adele as the Executive Director for the Niverville Chamber of Commerce.



Ben Sawatzky
ELECTRIC LTD.

204-388-9224

www.bensawatzkyelectric.ca

country
SNACKS

Est. 1990

Home of Manitoba's Best Soft Ice Cream!

Better Bare
ORGANIC BODY SUGARING

"I love how prickly
your legs feel!"
-Said no one ever

Unit F, 290 Main Street, Niverville

204.782.8610 lifesbetterbare@gmail.com

 [lifesbetterbare](https://www.instagram.com/lifesbetterbare)



MANITOBA INSTITUTE OF
TRADES & TECHNOLOGY

GOOD THINGS
COME TO THOSE
WHO ~~WAIT~~
start

GRADUATE
IN LESS
THAN A YEAR



START NOW
MITT.CA/NOW

A Tale of Two Winter Vacations

Sara Beth Dacombe

LOCAL JOURNALISM INITIATIVE REPORTER

sdacombe@nivervillecitizen.com

As of March 15, Manitoba's pandemic provincial response level has been set to green. If regular winter travellers didn't jet-set during the coldest months of the year like they usually do, many are now giving themselves the green light to do just that.

Manitoba's government has made interprovincial travel easier, saying that domestic travellers are no longer required to self-isolate.

However, they should self-monitor for symptoms for 14 days, and a new order officially lifts previous travel limits to northern Manitoba.

Between provinces, COVID-19 public health mandates may continue to differ for a while.

For example, mask mandates have been lifted in Manitoba, Saskatchewan, and Alberta, and vaccine certificates have been lifted in some provinces, but not all. Hospitals and some settings where high-risk individuals are present still require mandatory masking throughout all of Canada.

Provincial¹ and federal² travel requirements are different and continue to change, so if you want to travel outside of Canada it's important to do some research before you go.

As of April 1, a negative COVID-19 test will no longer be required before returning to Canada. However, at the time of this writing a test is still required to enter the United States by air.

These rules are subject to change.

A FLORIDA TRAVEL STORY

Niverville resident Cassandra Falk and her family took a vacation to Orlando, Florida from February 4–11. At the time, there were minimal restrictions in Florida, while Manitoba was still under capacity restrictions, vaccine mandates, and mask requirements.

The group decided to cross into the U.S. by land and then take a flight from there to Orlando.

"The whole travel experience went well and it felt very safe,"



Cassandra Falk and family in Florida this winter.

says Falk. "Masks are required on airplanes and everyone was very compliant."

The group's ultimate destination was Disney World and the family reports having had a great time exploring the vast entertainment and activity options available. Masks were required at indoor spaces within the Disney parks.

"We had a fantastic experience in Florida," Falk says. "The weather was up and down, but we got a couple very sunny and warm days... Overall, it was a fantastic trip and we would do it all over again tomorrow if we could."

The return trip began easily enough, with the group able to secure appointments for free COVID-19 PCR tests at a local pharmacy.

"Our whole group did a drive-thru pharmacy appointment at Walgreens and received our PCR tests for free," she says. "It was an easy process and results were returned within 30 hours."

Successfully crossing back into Canada was a different story. After the flight to reclaim their vehicles, they rerouted after discovering there would be a delay at the land border at Emerson due to protests.

"Since we crossed the border by land and flew within the U.S., crossing back into Canada was challenging," Falk says. "It was the same weekend that the main

border crossing was blocked by the Freedom Convoy, so we needed to cross at a smaller crossing and they seemed overwhelmed and not sure what to do, as we did have a person in our party who tested positive. From there on, we received a lot of conflicting information and it was very unclear on what we were required to do."

After arriving safely, Falk said the trip was worthwhile despite the confusion at the border.

"I would recommend traveling to anyone who is able, because life is short!" she says. "Go, experience and appreciate the different climates, cultures, and landscapes our planet has to offer."

A COSTLY CHRISTMAS CRUISE STORY

Rachel Enns' family followed through on travel plans that had been canceled from the fall of 2019. That's when the family first made plans to fly into the U.S. and leave on an international Caribbean cruise.

After waiting nearly two years, the cases in Manitoba seemed low and holding steady leading up to Christmas 2021, so the family decided to rebook.

When Omicron-related cases did start to rise immediately before the holidays, they decided to keep to their plans. For the Ennses, taking the time to create family memories



Rachel Enns and her family enjoyed a Caribbean cruise.

was deemed important enough to navigate the risk, restrictions, and travel requirements.

"We went to New Orleans from December 29 to January 10," Enns says. "We went a couple of days early, as we were taking a cruise out of New Orleans."

At the time, a negative COVID test was required to board a flight in Canada, so the family completed their tests within 24 hours pre-flight. With a \$150 price tag per person, the cost of the tests was significant for the family of four.

Then they had a problem with their flights.

"We got to the airport and we had all our paperwork in place, COVID shots, negative tests, etc.," says Enns. "We were flying with WestJet. We had checked in the night before, but we got there and they had no reservations for us. It all had disappeared! They could see we had checked in, but there was no room for us. So we ended up waiting for six hours for new flights, and took four different flights, and got there by midnight! Long day!"

After the tiring and stressful experience just to arrive in New Orleans, they began to enjoy their trip.

"New Orleans was an amazing cultural experience. We chose to wear our masks, but you would not have known there was COVID there.

No one wore masks. Restaurants had signs that said you must be vaccinated, but no one checked or cared even though the COVID rates were extremely high at the time."

To board their international cruise, the family had to produce another round of negative COVID tests, which they did, at an even heftier price tag of \$200 per person.

The ship environment felt very safe to Enns, who said everyone she observed was following protocol, even in the cruise stops at destinations like Honduras and Mexico.

After the cruise, they had two more days to spend in New Orleans before taking yet another COVID test to fulfill the requirement to fly home. The cost of these tests was again significant.

This time, one of their family members tested positive.

"Our 14-year-old daughter tested positive, which shocked us as she seemed 100 percent healthy," says Enns. "She had a headache. That was it. So my 20-year-old and I flew home through Toronto. They did random COVID testing on the flight to Toronto. Our whole flight was tested and thankfully we were fine. A week later, after negative tests for my 14-year-old and husband, they flew home."

Enns agrees that the trip came with many unforeseen hiccups, creating extra expenses along the way.

"It was a huge expense... but canceling our cruise—because it was all paid for, and we'd had to cancel numerous times already—would have cost us way more."

Despite the increase in costs, the family was healthy and thankful for the opportunity to create new memories after enduring so many months of lockdowns and restrictions. Overall, the experience was a net positive.

"The trip, once there, was a fabulous bonding time as a family. It was warm and relaxing! We had such great experiences."

FOR MORE INFORMATION

¹ <https://manitoba.ca/covid19/info-for-mbs.html#travel>

² <https://travel.gc.ca/travel-covid>





COME CHECK OUT OUR NEW MENU ITEMS!

204-388-2100 Order online www.hespelerscookhouse.com

Commentary

Good Grief: Dealing with Loss

By Daniel Dacombe

There are few human rites of passage that are truly universal. Every culture is different and holds to unique conventions. Some cultures have ceremonies for children reaching a certain age, many have traditions involving certain foods, and some celebrate thanksgiving or other harvest festivals.

Despite our differences, we all have certain shared experiences—even if the specifics may vary from place to place. And of all the experiences we share, there is none so universal as dying.

As the saying goes, the only two constants in life are death and taxes—and if Jeff Bezos and the like are any indication, taxes may no longer be so certain after all.

Death is an unavoidable part of the human experience, and as a result those of us left behind experience grief—a complex emotional reaction to a loss that's usually defined by deep and prolonged sadness.

We feel grief when we lose a loved one, whether it's a parent or a friend or a pet. The duration and depth of the grief usually depends on a number of factors including how close we were to the one we lost, how much time we spent (or didn't spend) with them, and the things we may have said (or left unsaid).

The suddenness of the loss may also impact how the grief feels, with unexpected deaths causing a "sharper" pain while a long, lingering illness may lead to a heavy and drawn-out process.

As you read this, you may be grieving a recent loss, or you may be picking up an old grief and recalling how it felt, but one thing is for certain: no



one reading this article has escaped, or will escape, the experience.

Because grief is such a universal human experience, a multitude of books, documentaries, articles, and theories have been written about it. One of the most well-known theories is the Kubler-Ross Model, perhaps better known as "the five stages of grief."

Elisabeth Kubler-Ross was a European psychiatrist who worked with terminally ill patients through their (and their families') experiences of death and dying. Through her work, she noted a general pattern that people tended to go through. The stages she identified were denial, anger, bargaining, depression, and acceptance. The end and healthiest outcome, of course, would be to progress through all five stages and accept the loss in a healthy fashion.

Unfortunately, the process of grief doesn't always work so straightforwardly. Some people may begin with denial, then move on to depression before coming back around to

bargaining. Others may start with anger and stay there for a long time. Some people reach acceptance quickly, only to later return to an earlier stage. Some of us go through the cycle multiple times, each different than the last.

The five stages are a rough description of how grief may look, not how it must look. In fact, more often than not it looks nothing like the five stages. While they may be useful for some people to describe their experience, it is much more likely that the process of grieving will be unique to you—to your life, to your environment, and to the nature of the loss.

This means that the approach you take to deal with your grief, or to walking with a loved one through their own experience of grief, should be unique as well.

This is one reason why dealing with grief has inspired so much of our media. Many films and television shows, for instance, touch on grief as a part of the human experience.

One example would be the Disney film *Big Hero 6*, which focuses on a boy grieving the loss of his older brother. More recently the Marvel series *WandaVision* explored grief in a surprisingly healthy and insightful way (for a superhero series), with one character concluding, "What is grief if not love persevering?"

That serves as a reminder that grief is a reflection of our closeness with others, evidence of love stronger than death.

Outside of fiction, we have no shortage of self-help books, blogs, and YouTube videos dedicated to helping people recover after a loss. While these can be useful resources, so many of the approaches we take are focused on getting over it as quickly as possible, treating grief almost like an illness that must be cured.

This is very different from how grief is approached in the mental health field. What psychologists generally affirm is that grief is not an illness or a mental health problem,

but a natural and healthy (if painful) experience. While some experiences of grief may become so severe that medication, such as antidepressants, may be necessary, most people will resolve their grief without such interventions. Spending time with other loved ones, practicing remembrance for those we've lost, and even speaking to a counsellor can all be helpful and healthy ways to deal with loss.

Finally, it might be helpful to recognize that grief can be so challenging because it brings up strong feelings of uncertainty in us surrounding our own deaths.

Cultural anthropologist Ernest Becker wrote that one of the primary emotional drives we experience is a psychological need to deny the reality of death. This motivation causes us to engage in actions that separate us from that reality—mainly, by finding a purpose that is larger than ourselves, such as working for social change or pursuing religious faith.

Whether we seek to avoid death through belief in an afterlife, through engaging in work we hope will outlast our physical lives, or even just by avoiding thoughts of our mortality entirely, the experience of grief is a stark reminder of our own deaths and the uncertainty we may feel about what happens after.

Though if we let it, it can also be a catalyst for us to not take our lives, or the lives of those we care about, for granted. After all, we're all in this together. Whatever happens, happens to all of us in the end.

FOR MORE INFORMATION

If you are going through a challenging period of grief and need some help, here are some resources you can turn to: <https://www.storybrooktherapy.com/grief-and-loss>

Bristol
HAULING

204-371-0268

www.bristolhauling.ca

GDS
AUTO GLASS

George Dyck
George Dyck & Son

311 highway | Box 433, Niverville, Manitoba R0A 1E0

PHONE: 204-388-4870
EMAIL: geodyck@hotmail.com

Quality & reliable service. Over 10,000 windshields installed.

Some Things are Best Left to the Professionals!

Graydon
VETERINARY CORPORATION

Drs Venessa Graydon, Anne Whipple & Julia Domke
PROUDLY SERVING THE AREA FOR THE LAST 12 YEARS

St. Pierre: 204-433-7956
Vita: 204-425-3264

www.graydonvet.com



SITE FEATURES:

- VIDEO SURVEILLANCE
- GATED, WELL LIT COMPOUND
- 24 HOUR ACCESS
- AUTOMATIC PAYMENTS
- MONTH TO MONTH RENTALS
- NEWLY PAVED SITE
- EPOXY SEALED FLOORS

**NEW
SELF-STORAGE
UNITS**

AVAILABLE IMMEDIATELY

NON CLIMATE CONTROLLED

\$89	5' x 10'	NON CLIMATE CONTROLLED
\$149	10' x 10'	NON CLIMATE CONTROLLED
\$199	10' x 15'	NON CLIMATE CONTROLLED
\$209	8' x 20'	NON CLIMATE CONTROLLED
\$249	10' x 20'	NON CLIMATE CONTROLLED
\$279	12' x 20'	NON CLIMATE CONTROLLED

CLIMATE CONTROLLED

\$109	5' x 10'	CLIMATE CONTROLLED
\$149	7½" x 10'	CLIMATE CONTROLLED
\$179	10' x 10'	CLIMATE CONTROLLED
\$269	10' x 15'	CLIMATE CONTROLLED
\$289	10' x 17½'	CLIMATE CONTROLLED
\$319	10' x 20'	CLIMATE CONTROLLED



**OUTDOOR
PARKING
STALLS**

\$45	10' WIDE; MAX 20' LONG
\$60	12' WIDE; MAX 30' LONG
\$65	12' WIDE; MAX 38' LONG

95% FULL

Sports & Recreation

Niverville Nighthawks Reveal New Logo

By Ty Dilello

The Niverville Nighthawks are entering the MJHL in a big way with the release of its official team logo.

The team's board of directors appointed Ray Dowse to take the lead with the team-naming initiative and logo design, in collaboration with its head coach and general manager, Kelvin Cech.

In mid-November, the team-naming initiative kicked off when the board of directors went in search of public feedback. A shortlist of names was selected from hundreds of initial submissions, and an online poll was conducted to help with the final decision.

Immediately following the selection of the name—the Niverville Nighthawks—the team had less than two months to come up with the logos and colour scheme, since the equipment order for pants, gloves, and helmets needed to be sent off to its supplier by March 15, as well as practice and spring camp jerseys.

With a firm and relatively short timeline in front of the Nighthawks, a collaborative approach was initiated for this next step.

Being a community team, the Nighthawks tested out multiple colour schemes with its final logos to gather feedback from an informal public focus group of around 100 people. The board of directors used the information that was collected as part of its final decision-making process.

For the actual design of the logos, the team hired Brooks Freeman Design out of Virden, which has an impressive history working with hockey logos and uniforms, including the Prince Albert Raiders, Brandon Wheat Kings, Virden Oil Capitals, and most recently the Neepawa Titans rebrand.

"I poured through different sports logos and pictures of birds or hawks online to provide our designers with ideas and try to determine the look and feel we were trying to capture for our team," says Ray Dowse. "We were really looking for something that would connect with both the players and community as a whole."

Prolific sports logo designer Brooks Freeman noted that the design process went quite smoothly overall for this project.

"We started by trying out a couple of different types of hawk logo variations, such as a full body side view,



Nighthawks board members Jeremy Braun, Ray Dowse, and Clarence Braun show off the new logo with local players.

JUSTIN BRAUN

top view, and also some focusing more on the head or the wings of a hawk," recalls Freeman. "Eventually, we landed on a three-quarters view of a hawk head inside the shield. Having an N or NN with the hawk was also a request, and I found a way to discreetly sneak the letters NN into the body of the hawk. The tone of the logo is meant to be bold, fierce, and menacing."

He adds that the secondary logo went through quite a few variations.

"The team wanted to do a simpler letter logo that would appear well on merchandise and be instantly recognizable," Freeman continues. "The letters NN were put together in quite a few ways, but I ended up going with a baseball logo-inspired intercrossed NN that I felt would look good as both a shoulder patch and on the front of a hat or shirt. This logo has sharp edges and tries to capture the same tone as the primary logo so that the two feel like they complete each other when placed together on

a jersey."

The colour scheme went through many different ideas throughout the project. In the end, Freeman was very pleased with the final product.

"The team knew they wanted to do something very unique to not just the MJHL, but hockey in general," says Freeman. "We tried a couple of versions with different shades of purples, greys, blues, and reds before settling on the navy, red, grey, and yellow. This bold colour scheme is sure to stand out, and I think it really helps the logos and jerseys become more appealing."

In addition to Freeman's work, the Nighthawks were fortunate that multiple designers and the general public reached out to the team right at the beginning to offer up ideas and rough preliminary designs to help determine a direction to go in with the logo.

"We want to give special thanks to Dustin Krahn of Excel Graphics in Niverville, as well as Scott Stroh. They

both came up with some exceptional visual concepts at the beginning of the process," says Dowse. "Our head coach and general manager Kelvin Cech has a jersey software program, and he was keen to work and help with the development of the overall uniform incorporating different colour schemes and plans. As logos were developed by our designers, Kelvin would draft numerous uniforms head to toe to give us a feel of what a logo would look like incorporated into a uniform and with the colours in the logo."

"I'm a bit biased, but I think it's the best logo in the whole world. It represents us and our town very well," adds Kelvin Cech. "All of a sudden, this feels very real. We have a name and a distinct look, as that hawk is very menacing and mean, very proud and bold. We're stoked."

When Freeman completed the final hawk logo, the board of directors knew right away that they'd attained the look they were hoping for.

"The secondary logo or arm patch concept actually came from my son, Max, who just turned 14," says Dowse. "I was pouring over ideas, and he told me to check out what a lot of the players on his hockey team were wearing for apparel."

Max Dowse says that he was inspired by the logos he saw on baseball hats, particularly with Major League Baseball logos.

"I saw that most of the logos were just the main letters of the team name in different fonts and designs," says Max. "I also figured out that some of the NCAA hockey teams, like the North Dakota Fighting Hawks, had N and D as their logo. So I used these ideas and helped create the double-N logo for the Niverville Nighthawks."

After hand-drawing a logo, Max's father sent his work to Brooks, who then came back with the double-N design that received immediate board approval.

"Max was pretty excited that his drawing turned into part of the team uniform!" says Dowse.

What's next for the Nighthawks? The jerseys.

The club is currently working through all the small details with its jersey plan and anticipates it being completed within the next three weeks. The goal is to release the complete uniform design to the public within the next month to six-week range.

"It has been a great journey thus far," says Clarence Braun, spokesperson for the team's board of directors. "The board has been hard at work, and we have developed a good cohesive team. From the granting of the franchise back in July of 2021 to the hiring of staff, completing the naming portion, and now the logo and jersey reveal, the time has gone by quickly. We're excited for the dash to opening day in September 2022."

In addition to all the work on the logo and jerseys, head coach and general manager Kelvin Cech has been keeping himself plenty busy as of late with lots of Zoom calls with potential recruits.

"My director of scouting Mike McCauley and I have been turning over every rock looking for kids who have character and compete," says Cech. "And slowly but surely, it's coming together. We don't want to rush anything as we want to be sure to bring the right people to the town. So far, so good!"

329 Bronstone Drive
Niverville, MB
R0A 1E0



1-204-388-4600
feedback@whereyoubelong.ca
www.whereyoubelong.ca

Open House and Public Hearing 2022 Financial Plan

On **April 19, 2022, 6:30 p.m. to 7:00 p.m.**, residents are invited to join Council at the Niverville Community Resource & Recreation Centre, 501 Centre Street, Niverville, for their opportunity to review Niverville's 2022 Financial Plan.

Immediately following the Open House, there will be a **Public Hearing** at **7:00 p.m. during the Council meeting**, where Council will hear any person who would like to make a presentation, ask questions or register an objection to the 2022 Financial Plan as presented.

A copy of the 2022 Financial Plan is available for review and may be examined by any person during regular office hours at the Town Office, 329 Bronstone Drive or online here: <https://www.whereyoubelong.ca/town-services/financial-services/>

Eric King, CPA, CGA
CAO, Town of Niverville

Questions? Contact finance@whereyoubelong.ca



FUSION

INDUSTRIES inc.

CUSTOM METAL FABRICATION

NOW HIRING FOR
DAY AND EVENING SHIFT:

Fitters
Welders
Painters Assistant
General Labour

SEND RESUME TO:
Kevin@fusionindustries.ca
204-388-6631 ext 107

OR DROP OFF AT: 41095 6th Ave. N., Niverville,

www.fusionindustries.ca

NIVERVILLE

autobody
Collision & Glass

COLLISION REPAIR
AUTO GLASS REPAIR & REPLACEMENT

direct *repair*

Ferd Klassen
Phone: 204.388.4657
Fax: 204.388.4394
Email: info@nivervilleautobody.ca



www.nivervilleautobody.ca

autopac
A Manitoba Public Insurance product

ACCREDITED

Easter Blessings



Ron R. Schuler
MLA for
Springfield-Ritchot

Ron@RonSchuler.com

Niverville Park to Begin Major Restoration

By Jennifer Lavin

LOCAL JOURNALISM INITIATIVE REPORTER

✉ jlavin@nivervillecitizen.com

Beth Downey has lived near Opa's Park in Niverville for many years and has seen the greenspace become periodically neglected and misused.

When she started to wonder who to contact about the park, she realized that the solution might be for she herself to step up.

"The brainwave came last spring," Downey says. "I was walking through Opa's Park... and thinking about how it was not living up to its potential. It's kind of a wasted space at this point, which is just sad because it used to be a great park and a great greenspace."

From that original germ of an idea has grown a three-phase plan to restore Opa's Park to its place as a true gathering place.

Plans are in the works to ensure that it includes a natural greenspace that can be used as an outdoor classroom as well as provide opportunities to learn about Indigenous culture.

Realizing she wouldn't be able to do this on her own, Sawatzky began reaching out to potential collaborators. She started with her sister-in-law, Alexa Sawatzky, who conveniently is a recently certified horticulturist.

"Alexa has the foundational awareness and ecological background needed for this transformation," says Downey.

Next up, she reached out to Shirley Hoult of Niverville's Communities in Bloom committee. Communities in Bloom gave the project their stamp of approval. Downey says that Hoult came on board as a "project mentor."

The Steinbach Area Garden Club has also provided valuable ideas.

Before delivering an official proposal to the town, Downey and her team sought to procure local letters of support. Many business leaders, neighbouring property owners, and other residents endorsed the project.

"I went door to door, and the amount of enthusiasm and flood of

support was mind-boggling," Downey says. "The amount of support from local business partners has been unreal!"

Downey says that William Dyck & Sons, Valley West Landscaping, and Pizza 311 have all pledged material, financial, and/or logistical support.

On top of this, Downey says she has received plenty of grassroots support.

"Cheques have literally shown up at my door from people wanting to donate to this project," she says.

There was so much financial support, in fact, that Downey says the town had to open a special bank account to hold the donations, even while the project was still pending approval.

PHASE ONE

The first phase of the restoration project has now been approved and should be completed and planted by the end of September this year.

Phase one will include the planting of something which the team has so far been calling a native prairie garden.

"We're planning on installing a native prairie garden to attract pollinators and bring awareness to local plant species," says Alexa Sawatzky. "The native prairie habitats of Manitoba are in decline and we want to shine a light on the importance of this diverse ecosystem."

This initial phase will also include a sensory pollinator garden.

"It's meant to be a feature for children's exploration, where the plantings feature different shapes and colours and heights and textures, and even plant talents in terms of what some of these species can be used for," Downey explains about the unique feature. "It will be a series of concentric circles of plantings with paths that you can wander down to go in and explore and touch and smell."

"We plan to plant medicinal, edible, and lovely smelling plants, all of which will be perennial," adds Sawatzky. "This means they'll come back every year and will require

less maintenance than an annual garden."

The pair say that the new and improved Opa's Park will be geared to give every visitor something to see and do.

The paths will be wide enough to accommodate a wheelchair, and the play features will all be wheelchair-accessible.

The park will also include a natural timber obstacle course. Downey says this will consist of a walking trail with various objects along the way for visitors to climb over or under, or just to explore in whatever way children find natural.

She posits that this will be another feature that makes the park ideal for all ages.

"This creates an intergenerational sort of play experience that expands the park's utility to the whole community," Downey says.

Another idea involves installing low boards around the existing basketball court. With these boards in place, the court could become an ice rink in the winter.

Although Niverville has a number of excellent rinks, due to high demand they tend to be tightly scheduled.

She imagines that the rink in Opa's Park will be free to access for anyone who just wants to lace up their skates and go.

SUBSEQUENT PHASES

In a subsequent phase, the team hopes to get an especially interesting piece of play equipment: a new type of swing that allows a child to swing, in their wheelchair, with a walking-capable friend. This is expected to be a draw from people living in nearby communities.

Although the second and third phases are not yet set in stone, Downey and her team already have ambitious plans.

"We hope to disperse some hardy fruit trees throughout, and add some fruiting vines along the fence line," says Sawatzky.

Phase three will include an educational tipi that Downey is

particularly excited about. She has reached out to leaders in the local Indigenous and Métis community for co-leadership.

"If this is going to be an outdoor classroom where children come to learn about stewardship of the earth, the hereditary knowledge and right to teach of our Indigenous people must be prioritized," says Downey.

A few other ideas being considered include a found object music wall, devices to help kids learn to understand the weather, and community garden beds.

STEWARDSHIP

Downey says they have worked out a plan for long-term maintenance and oversight of the park. The Opa's Park Stewardship will consist of three honorarium positions funded by the town of Niverville, as well as volunteers.

The first position is the communications person/learning groups liaison, who would facilitate access for classroom visits and sign up people who wish to use the garden boxes. For now, Downey herself holds this position.

The second position, currently held by Sawatzky, is the greenspace overseer.

The third position will be a volunteer coordinator.

PARK BACKGROUND

The namesakes for Opa's Park—opa being the German word for grandfather—is William Dyck, founder of William Dyck & Sons in Niverville. William and his wife Anna donated the land for the park. A stipulation of that donation was that the land must always remain a park.

William and Anna's eldest daughter, Emily Fast, passed away in 2021 and her family asked that, in lieu of flowers, those who wished to celebrate her life donate to a fund to beautify Opa's Park. This request was taken to heart by many who mourned Mrs. Fast's passing and nearly \$12,000 was donated to the fund.

Downey says that when she was

younger, she wouldn't be able to help herself from wandering into Mrs. Fast's extraordinary garden.

"Sometimes, with the sheer childish gall of little people, I would knock on her door and say, 'Could I pick some flowers from your garden to bring home to my mommy?'" Downey says.

Not only would Mrs. Fast agree, but she would go outside with Downey and teach her about the garden. When they were done learning, Mrs. Fast would clip some flowers for Downey to take home to her mom.

"[Mrs. Fast] invested in my early experiences of love and understanding of nature that grew later on," says Downey. "I'm sure she had no idea how impactful that would be."

Downey's team plans to name the sensory garden in Opa's Park after Mrs. Fast.

"Environmental advocacy usually begins with early experiences of enjoyment and understanding," she says. "When you understand nature, when you spend time with nature, you build a relationship with nature. Then you care and then you protect it."

Opa's Park lies just to the north of Roselawn Bay. It can be accessed through walking trails from Roselawn, from Edelweiss Crescent, and from the Niverville Commons business park.

"The park is not a dead thing," Downey says. "It's not just a square on a map that somebody owns or a bargaining chip in terms of municipal policy. It's alive. It's a community of organisms that's part of the earth that we live on and it provides services to our community. It has served our community for such a long time and it holds legacies for people... and it needs to be honoured. We hope that this project will both honour the park and serve the community."

FOR MORE INFORMATION

If you wish to donate to Opa's Park, cheques can be made out to the Town of Niverville, with a notation that the funds should be used for the Opa's Park Restoration Project.



Suppliers and installers of complete insulation packages

performance-insulation.ca
204-408-3310

- Attic Blow in
- Spray foam
- BIBS – High Performance Insulation System
- Wall insulation

FREE ESTIMATES



Alignments- Brakes-Tire-Safeties
Diagnostics-Free Shuttle and Courtesy Car

20 CEDAR DRIVE, NIVERVILLE, MB
204-388-4888 www.sparkline.ca



Plumbing • Heating • Air Conditioning

204-388-5366

IN BRIEF

Two More Players Commit to Joining the Nighthawks

By Scott Stroh

In recent weeks, the Nighthawks have acquired a pair of new players, after last month's announcements of the signing of Eric Martin and Devin Benson.

Aidan Balance, a 2003-born Edmontonian, is the first forward to sign with the club, and the third player to be signed from B.C. leagues.

Balance spent this season with the Golden Rockets, playing out of Golden, B.C. The Rockets are a Junior B club based in the Kootenay International Junior Hockey League (KIJHL).

In 38 games played for the Rockets, Balance tallied nine goals and ten assists.

"I'm really excited to join Martin, and Benson as the first players of this brand-new organization," says Balance. "I hear Niverville is a great town, and I'm looking forward to getting out there and showing the new Niverville fans what we can do."

General manager and head coach Kelvin Cech has a recipe in mind for the young men he's been recruiting—and Balance fits the bill.

"Aidan is a complete north-to-south player, and he's got the wheels to get

himself up and down the ice in a hurry," says Cech. "He has really developed his game away from the puck this season with his coaches in Golden. He's coming to us with confidence and purpose. Aidan will be an awesome fit on and off the ice."

The second player signed in March is Carter Spirig, who currently plays for the Canadian Athletic Club U18AAA Canadians. He also hails from Edmonton, and he's also a forward.

In 37 games played for the U18AAA Canadians, Spirig combined for 10 goals and 17 assists this season.

"I'm very excited and honoured to continue my hockey journey with the Nighthawks," says Spirig. "I'm looking forward to meeting the fans and being a part of the community. I can't wait to get there. It's going to be a thrill to get the opportunity to be a part of building this new franchise."

"Carter is a great kid," says Cech. "He's worked hard to round out his game the last couple of seasons. He's a skilled player with a motor who can put the puck on the net, but he also understands that offence starts in the defensive zone."

Local Talent Helps Propel Selects to AA Crown

By Evan Braun

editor@nivervillecitizen.com

After an impressive season, the U13 AA Eastman Selects have come out on top of their league, being named city champs—and they did it with the help of five local players who earlier in their young careers played for the Niverville Clippers.

Those players are Emry Gonzaga, Nikko Lemoine, Ethan King, and Zaiden McDonald-Horvath.

Local goalie Isabelle Labossiere also contributed to the winning season, although she unfortunately had to miss the final game. She was outstanding throughout the year.

In the regular season, the Selects notched a stellar 22-3-1 record, earning them a spot in the playoffs. Their record was good enough for them to finish in the number one spot.

In the first round of the playoffs, the Selects went up against the Railcats White squad.

"The team came together and played some of the best hockey that they have played all year, taking the Railcats out with two straight wins," says



Emry Gonzaga, Nikko Lemoine, Ethan King, and Zaiden McDonald-Horvath.

RYAN HORVATH

parent Ryan Horvath.

Next up: the Rebels Black team in the second round. The Selects had only encountered the Rebels one time during the regular season, a game which had resulted in the Selects' first loss by a score of 6-4.

But in the playoffs, the Selects went on a tear.

"The team was unstoppable and swept that series three straight," says Horvath. "The team was hot!"

Going into the final round, this time against the Brandon Wheat Kings Black, the Selects had won 17 straight games.

However, the Selects were about to run into a speed

bump, losing the first game 2-4.

"The team reset and bounced back hard, winning three straight in the final round," Horvath says. "We had such a great group of kids and coaches that led to the success of our team this year."

Are You Looking To Make a Move?



THE
**DAN VERMETTE
TEAM**

Award Winning
Bilingual Service
25+ Years



Give me a call and let's get started today!

Dan Vermette

RE/MAX Performance Realty
204-227-3900
dan@danvermette.com
danvermette.com



**AJAX
ROOFING**

**RE-ROOFS
ROOF REPAIRS
CUSTOM METAL
FLASHINGS**

Ken Dyck
PHONE: 204-326-7349

Kerry Dyck
PHONE: 204-371-9450



• Equipment Rentals • Road Building • Clearing • Excavating
• Residential • Commercial



**H.B. BAUDRY
CONSTRUCTION 1980 LTD.**

**SNOW CLEARING & REMOVAL
204-882-2294**

**YOUR SNOW REMOVAL
PROFESSIONALS**

Box 100 Ste. Agathe, MB
Fax 204-882-2121

hbaudry@mts.net
www.baudry.ca





Joelle Sylvestre, Don Kuryk, Darcy Mauthe, Andrea Vermette, and Jamie Barnes. CREDIT

St. Adolphe Receives Community Hockey Award

By Ty Dilello

The 2021 Manitoba Hockey Hall of Fame Community Award recipient has been announced, and it's the St. Adolphe Community Club.

Manitoba Hockey Hall of Fame President Don Kuryk drove out to St. Adolphe on the morning of Saturday, March 19 to present a cheque for \$10,000 to the rink's staff.

"We were surprised to say the least when we heard that we were selected for the Heritage/Community Award this past fall," says Darcy Mauthe, President of the St. Adolphe Community Club. "The Hall of Fame looks for communities that need the support for hockey in their community. They thought of us when we were in the spotlight for Kraft Hockeyville last year."

The prize amount is offered annually by the Hall of Fame to Manitoba hockey communities in partnership with Sigfusson Northern Ltd.

In St. Adolphe, the funding will go towards restoring the boards and safety glass of the rink.

The Manitoba Hockey Hall of Fame Community Award is open to all Manitoba communities looking for funding that will support the game of hockey. Funding can be used for rink repairs, registration, equipment, or anything that makes the game better and more accessible for youth.



OVER 80 YEARS
IN BUSINESS!

FAMILY OWNED
& OPERATED

ANNUAL OPEN HOUSE APRIL 8TH, 2022

PLEASE DROP IN FOR A LONG OVERDUE VISIT!!
Our staff and industry experts are excited to
welcome you back to our long-standing spring tradition!

HUGE SAVINGS on MacDon® Performance Parts

MACDON SALE PRICING VALID THROUGH APRIL, WHILE QUANTITIES LAST

SAVE
UP TO
30%

Our parts are tested in the toughest real-world conditions, ensuring the worry-free harvesting performance you've come to rely on with MacDon. Demand the best for your harvest.

SICKLE SECTIONS

Coarse cut or Fine cut
Pack of 25

NOW ONLY
\$40.50/pk

MCD279641
MCD279642



GUARDS

NOW ONLY
\$19.76^{ea}

MCD118344



FINGER KIT

MDR105351

NOW ONLY
\$40.52 10/pk



POLY WEAR PLATE

NOW ONLY
\$15.20^{ea}

MCD129297



VALUED CUSTOMER SPECIAL OFFERS

Hy-Tran Ultratraxion 5 Gallon Pails...15% OFF

CaseIH OEM Batteries (in stock)....10% OFF

15W40 Engine Oil15% OFF

All in stock Shovels & Sweeps.....15% OFF

Case IH OEM Filters (in stock)..... 20% OFF

Air Seeder Hose (2 1/2" white & black)...10% OFF

SPRING PARTS SPECIALS VALID WHILE QUANTITIES LAST

1-866-694-4978
www.leoscaselh.com



LEO'S

SALES & SERVICE, LTD.

Highway 101 at Sturgeon Rd. Winnipeg, Manitoba



CNH
INDUSTRIAL

GENUINE
PARTS

CNH
INDUSTRIAL

CAPITAL

© 2022 CNH America LLC. All rights reserved.
CNH and Case IH are registered trademarks of CNH America LLC.

FREE

HOME MARKET
EVALUATION

Katie Knebel

204-392-3030

ROYAL LEPAGE
Riverbend Realty



The Billeting Life

With the inaugural Nighthawks season just around the corner, the team is looking for local families to open their homes to players.

By Jennifer Lavin

✉ jlavin@nivervillecitizen.com

Manitoba's newest MJHL team, the Niverville Nighthawks, is gearing up for its first season.

Although there are many moving parts to getting the team ready to hit the ice, right now one of the top priorities is finding billet homes for all the players.

Gail Chornoboy is the billeting coordinator for the Nighthawks. Her job is to find families who are willing to take one or more of these 16- to 20-year-old men into their home.

Training camp starts in mid-August and the season continues to May if the team makes the playoffs.

When the team is complete, there will be 20 to 25 players and each will fill out a questionnaire indicating what they hope to find in a billetting family. Each prospective family will fill out a similar questionnaire describing what type of player they hope to host.

Chornoboy will then take a tour of each potential home to ensure that it is appropriate for a player. The team members each need their own bedroom with a window and the bedroom must have a place for the player to keep his belongings.

Once the questionnaires are filled out and the home tours are done, Chornoboy and head coach Kelvin Cech will spend some time deciding which player will go to which home.

This process is important as the players will truly become a part of the family over the hockey season.

Not only that, but some of these players will return to their billet home for up to four years.

Anyone can billet, says Chornoboy, and players can request what they believe will make them feel most at home.

Some players, for example, may specifically request a family with young children as they may have young siblings at home and want to have surrogate brothers and sisters.

"I want to hear the good stuff, but more importantly if it's not going well I want to hear that too," says Chornoboy. "Kelvin and myself will talk about it with the family and the young men and see how to help the families and the young men work it out or we will change their home."

Billet families get a stipend to help cover the costs of their temporary family member. Chornoboy says that this money can be especially useful to cover the cost of groceries.

"Hockey players eat a lot!" she says. "Being a billet family host, you will not be making money, but you will be making a great new relationship with your family."

Families are not responsible for getting their players to or from practices, although they can. Some players arrive with their own vehicles and often they help each other get to and from practices and games.

Some players are still school-age and will be enrolled at Niverville High School. Those who have graduated from high school will be encouraged to take university courses or, if they are not attending university, find a job in the community.

Chornoboy says that a billet family has two obligations: feed their young man and make him feel like he's part of the family.

Cech agrees that a primary goal is making the player feel welcome.

"The biggest thing is just having a friendly home and a friendly family to live with," says Cech. "These guys start out as strangers when they go into these homes, but that's over pretty quick and they become like a member of the family."



But it's important, Cech says, to remember that trades happen and sometimes a player may move along.

"Whether a player is [in a billet home] for two months or two years or four years, we just want a good, positive situation for them to live in," he says.

Cech feels that a good billet home can even have an effect on a player's performance.

"It's a place that they go back to after the game and vent their thoughts, whether it's excitement or frustration," he says. "Hockey is a difficult game and where you live and how you conduct yourself off the ice certainly has an impact on how you perform on the ice."

The Nighthawks will be held to a strict code of conduct. Cech says he expects his players to be valuable members of the community and that each player's behaviour represents the entire team and community.

"We hold ourselves to a very high standard," Cech says. "It's important to me that the players enjoy their teammates and spend time with their teammates away from the rink when their coach isn't around, but they are coming to town to play hockey, to develop, and to move on in their hockey career and their life. There are a lot of life lessons to be learned."

Chornoboy echoes this thought.

"We as a community want the players to feel like they are at home, and we want everyone to have an awesome experience," she says. "The young men and their families will become part of your family. This will be a lasting experience for everyone."

TESTIMONIALS

Dwight Hirst is one of 35 Group A owners of the Nighthawks—essentially, a shareholder—and he is also a former NCAA hockey player who billeted with two different families during his young career.

Hirst says that players can get real benefits from the home in which they're billeted.

"When these kids walk into a new home, they may feel like an outsider," Hirst says. "But they soon realize that living with a billet family is like having a second mom or a second dad. Where I billeted, there were always boys out playing road hockey and I became like an older brother in the household or on the block."

Oftentimes, billet families attend games and cheer for their new family member. Hirst says that this can be really helpful to players, many of whom are away from home for the first time in their lives.

He adds that the billeted players can often be an inspiration for young kids in the family. Playing ball hockey in the basement with an MJHL player could just be what prompts a child to want to be a hockey player themselves one day.

Hirst became so close with his billet families in his youth that years later they both attended his wedding.

Dwight Heppner of Niverville says something similar: he has attended the weddings of his family's billetes.

Heppner's experience with billetting began as a child when his parents began to take in hockey players in his

hometown of Winkler. His family billeted Winkler Flyers team members for 15 years and Heppner says it was a terrific experience from start to finish.

"Suddenly, I had an older brother for the winter," Heppner says. "They spent a ton of time with us kids, playing street hockey outside or mini sticks downstairs or even just video games. It was a really cool experience for myself and for my family."

Heppner still keeps in contact with some players who billeted with his family. Some, he says, have become lifelong friends.

"You see each other later in life and it's really cool how those bonds never go away, because they are like family."

Kara Packet of Roland is a busy mom, and she loves billetting too. Her family has billeted players from the Winkler Flyers for two years and she has really appreciated how it brought them closer to the community as a whole.

Packet says that she still talks to her first billet every day.

"The connection never ends," she says. "I had three kids of my own and now I have five."

Another benefit for Packet is having someone to help with chores.

"I don't touch yardwork [while the billet is here]," says Packet. "They mow grass, put up Christmas lights, help shovel snow, unload the dishwasher, vacuum etc. It really takes a load off my husband and I, who both work full-time."

These young men are also role models for Packet's kids. Her children look up to the hockey players and aspire to be like them.

"There have been no downsides to [billeting players]," Packet says. "I don't know what I would do without them."

TAX FREE SAVINGS ACCOUNT

You'll be covered. We'll make it easy.

Caisse
Groupe Financier
Financial Group



Caisse.biz

Clippers Reflect on Another Successful Minor Hockey Season

By Evan Braun

✉ editor@nivervillecitizen.com

After two years of pandemic interruptions, Clipper Ice Sports is both happy and relieved to lower the curtain on yet another successful season of local minor hockey—a season that was allowed to be played from start to finish.

Undoubtedly a major highlight of the year was breaking in the new CRRC and keeping it busy throughout the winter.

HOME TOURNAMENTS

This year, the Clippers were able to host three large tournaments—for the U9, U11, and U13 age groups.

According to Travis Mason, spokesperson for Clipper Ice Sports, the U11 and U13 tournaments were larger than anything CIS had hosted in the past.

This was only possible on account of being able to use both the CRRC and the Centennial Arena.

Although the season was largely a great one for everyone involved, the pandemic did get in the way of at least one planned tournament.

“Our U9 tournament was cancelled when restrictions were put back in place in January,” says Mason. “Originally we had almost 30 teams registered.”

Instead CIS hosted a scaled-down tournament, bringing in 12 teams and running the entire event in the CRRC, using the new



The U11A Clippers won their banner this year.

✉ CIS

half-boards the organization purchased this season, allowing the tournament organizers to run two games at the same time.

“The new half-boards were able to give the U9s a full arena feel,” Mason says. “The Clippers U9B and U9C both made it to the finals and fought hard, but both teams came away with silver medals.”

In particular, Mason says Sherisse Fast, Ester Raftis, and Kevin Boone should be thanked—as well as the many other volunteers who put in the time to help these youngest Clippers make lasting memories.

Most recently, the U13A Clippers hosted the U13AA provincials, from March 11–13. Visiting teams hailed from Thompson, Dauphin, Morden, Carman, Macdonald, Ste. Anne, and Rat River.

“The hometown Clippers didn’t have the success they were hoping for, as they went 1–2 in the round robin, which didn’t qualify them for the medals round,” says Mason. “Macdonald beat Thompson in the finals to claim the gold medal, as Morden captured the bronze by beating Dauphin in a close battle.”

The biggest highlight of the weekend was the opening ceremonies, which showcased the Sons of the Drum group alongside a traditional dancer.

The ceremonies also included some pyro, lasers, and smoke for the added touch.

“It was an honour to have Niverville’s own Jared Funk, a three-time Canadian Paralympian medallist, perform the ceremonial puck drop to start the game between



The U13A Clippers came out on top this season in league play.

✉ CIS

Niverville and Ste. Anne,” Mason adds. “A huge thank you to all the businesses who helped support this event, as the feedback was amazing from all visitors who attended.”

REGULAR SEASON

Several teams competed for banners this year. The U11A team beat Mitchell in a best-of-three series to win their banner.

The U11B had a great season as well, although they weren’t fortunate enough to play in the finals. The U11C team went 3–3 in the playoffs.

The U13A Clippers enjoyed great success in league play, and then went on to defeat Rat River two games to zero in the playoffs to advance to the championship finals which saw them take on Kenora. They closed out that

series in game four in front of an energized home crowd.

“The team set a goal on day one of the season to win the banner, and it was amazing to watch the team grow as the year went on,” says Mason. “They played one of their most complete games in game four in which they beat Kenora 4–0. Levi Brandt stood tall in the final two games, making big saves when his team needed him most. Trae Worrell found the back of the net twice, and Hayden Hydyk and Maddex Mason chipped in with one goal each.”

As for the U13B squad, they found themselves battling their rivals, the Springfield Winterhawks, in a best-of-three final series.

Despite fighting hard, they lost two very tight games. Their final regular season record was an impressive 9–2–2.

The U13C Clippers finished round robin play 2–3, falling short of the C finals.

Another team which fell short despite strong effort was the U15 Clippers, who finished their playoffs 2–3–1. They had a 2–9–5 record in the regular season, having played shorthanded most of the year due to injured players.

Finally, the U18 team had a great regular season, finishing 12–4–1. Unfortunately, they hit a roadblock in the playoffs, losing to La Broquerie in the first round. They also competed in provincials, going 3–0 in the round robin but coming up short against Rat River 4–1 in the finals.

“It was great to get a full season in this year, and wonderful to see the smiling faces of the players, coaches, and fans,” Mason says. “I’m excited to have the Nighthawks coming to town next season, as it opens the door for so many new opportunities for our program to work with the Junior A team. Having these players as mentors for our kids to show them that hard work, commitment, and practice does pay off will be huge for the community. Also, having them be a part of our program, giving back to the game and our community, will be great.”

Clipper Ice Sports wishes to thank all the volunteers, coaches, managers, board members, and arena staff who helped to provide such a wonderful experience for local youth this winter.

Yvonne Grenier
purebeautybyyvonne@gmail.com

Pure Beauty
by Yvonne

Spray Tans, Body Sugaring & Reiki

pure-beauty-by-y.square.site

Graceland Designs.ca
Consultant Richard A. Harder
Since 1994

Planning - Design - Engineering

Ph: 388-6454 Toll Free: 1-800-537-8495

Box 37, Tourond, MB R0A 2G0

Custom Residential & Commercial - Building Plans & Blueprinting
Homes - Cottages - Additions - Sunrooms

MIGHTY DUCTS
CLEANING CO. LTD.

Richard Kirwan
204.392.5665
richard@mightyducts.ca
www.mightyducts.ca

RESIDENTIAL & COMMERCIAL DUCT CLEANING

STE-AGATHE CENTRE

ALAIN ROBERT
President

Box 128
Ste-Agathe, MB
R0G 1Y0

alain@steagatheservice.com
PHONE: 204-882-2155
FAX: 204-882-2189

COMPLETE CAR CARE SERVICE

www.steagatheservice.com

MUNICIPALITÉ RITCHOT
MUNICIPALITY

Country Skies. City Ties.
Sous le ciel de la campagne.

MEL'S SEPTIC SERVICES
SINCE 1989

Year round service
Serving Southeast Manitoba
24 hour Emergency Services
Residential and Commercial

call or text
204-388-4201

Gan's Kitchen
CHINESE & CANADIAN FOOD EXPERIENCE

154 MAIN STREET, NIVERVILLE 204-388-6904

CPS
CONTRACT PAINTING SERVICES

204-955-5991
joe.contractpainting@gmail.com

INTERIOR • EXTERIOR • PAINTING
PLASTERING • ARTISTIC MURALS

Spring into Grilling Season!

**TAILGATER 20 PORTABLE
WOOD PELLET GRILL**



\$699⁹⁹

#TFB30KLF

**PRO SERIES 34
WOOD PELLET GRILL**



\$1,049⁹⁹

#TFB88PUBC

**PRO 780 WOOD
PELLET GRILL**



\$1,399⁹⁹

#TFB78GLEC

**IRONWOOD 650
WOOD PELLET GRILL**



\$1,799⁹⁹

#TFB65BLFC

**TIMBERLINE D2 1300
WOOD PELLET GRILL**



\$3,399⁹⁹

#TFB01WLEC

**MASTER TOUCH
CHARCOAL GRILL**



\$389⁹⁹

REGULAR \$418⁹⁹
#14516001

**22" KETTLE SERIES
CHARCOAL GRILL**



\$289⁹⁹

REGULAR \$318⁹⁹
#14402001

**Q1200
GAS GRILL**



\$349⁹⁹

REGULAR \$369⁹⁹
#51070001

**E-435 GENESIS
PROPANE GRILL**



*Limited Stock



\$1,549⁹⁹

**2021 MODEL
CLEARANCE**
REGULAR \$1,749⁹⁹
#62016001

**GENESIS E-315
NATURAL GAS GRILL**



*Limited Stock



\$1,099⁹⁹

**2021 MODEL
CLEARANCE**
REGULAR \$1,299⁹⁹
#66015001

Lots of pellets and charcoal in stock!

Sale ends April 30, 2022 or while supplies last. See in-store sales associate for details.

wiens
FURNITURE & APPLIANCES

132 MAIN STREET
NIVERVILLE, MANITOBA

PHONE: 204-388-4149
sales@wiensfurniture.ca

TOLL FREE: 888-33-WIENS
www.wiensfurniture.ca